

Elderly Care Series Drug Management

The film is co-produced by the Department of Health and the Social Welfare Department as reference material for the Training Scheme for Foreign Domestic Helpers in Elderly Care.

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We will go to the clinic for follow-up this afternoon
I will measure your blood pressure, blood glucose level and body temperature shortly
Take a seat and rest for a while
I will measure your blood pressure in five minutes
Now let me pull up your sleeve
Rest your elbow on the table
Your arm and the blood pressure monitor should be at the same level as the heart
so as to ensure accurate measurement

Annie is measuring Mrs Chan's blood pressure and records it.

Annie puts the test paper into a blood glucose meter.

I am now going to check your blood glucose level
I have already washed my hands with liquid soap
Let me disinfect your fingertip
I am going to pierce your fingertip with the lancet
to get a drop of your blood to check the glucose level
Here is a gauze for you to press on the fingertip to stop the bleeding
Let me record your blood glucose level
and measure your body temperature
I am going to gently pull your ear backwards and upwards
to straighten the ear canal for accurate measurement

Mrs Chan and Annie go to clinic for follow-up.

Mrs Chan, here are three kinds of drugs for you...
Okay! Okay
I got it! The same drugs!
My favourite drama is going to start
Be patient, Madam
Please listen to the nurse
and check the drug labels
Make sure that your name, drug name, dosage, usage, route and frequency are correct

Yes, you have to check properly before you go
I have checked the amount of drugs for you as well
These are enough until your next follow-up

But you may call me if necessary
I can explain to you again

Madam, you should take the drugs before watching the TV
Okay

The doctor said you should take the drugs with water

Alright. Water

You should not take the drugs with tea, milk or fruit juice
because these drinks can affect the absorption and nature of the drugs

I see. I will take the drugs with water

Oh! I dropped one

Annie picks up the dropped drug and throws it into a rubbish bin.

You threw away my drug. Then I will not have adequate amount of drugs

I will check the amount regularly

If the drugs are running out before the next follow-up

I will inform Sir to advance the appointment

You are so considerate

Let me take the drugs first

The doctor has prescribed a new drug for you today

Do you feel unwell after taking the drug?

No

If you feel unwell or develop allergic reactions

I will ask Sir to consult the doctor

Now let me mark the drug record for you

Is that really necessary?

Keeping drug record is very important

It can avoid repeated dosage

I will be off tomorrow

I have already put the drugs for tomorrow in the pill box

and set the alarm clock to remind you to take the drugs

Sir will also remind you tomorrow

Let me lock up the drugs first

What? The drugs need to be locked up?

Yes

Sister and her son will visit you tomorrow

The drugs can be kept away from children in this way

You are right

I have joined the Training Scheme for Foreign Domestic Helpers in Elderly Care

There are a few things that the instructor has told us to pay attention to

Yes! There are lots of things to pay attention to when storing drugs

For example, the drugs should be kept in the plastic bag or bottle with its original label

Store them in a cool and dry place

away from the direct sunlight

Light sensitive drugs have to be stored in the original dark-coloured bottle

Drugs of different dispensing dates should be put in different bags
Unless specified otherwise, the majority of the drugs is not suitable to be stored in the fridges

Throw away drugs that have expired, deformed, discoloured, changed in smell, turned cloudy, or when the label has become blurred

I do not realise there is so much to be aware of

There are more videos in elderly care on the websites of the Department of Health and the Social Welfare Department

I have watched them too

You really care about me!

Disclaimer

The skills in drug management demonstrated in this film serve as general reference and are for educational purposes. They may not be applicable to all elderly persons under every situation. Please consult healthcare professionals in case of doubt over the applicability of the skills under specific situations.

Department of Health Elderly Health Service Website
www.elderly.gov.hk

Social Welfare Department
Training Scheme for Foreign Domestic Helpers in Elderly Care
www.swd.gov.hk/en/index/site_pubsvc/page_elderly/sub_psfhd/